# HEART OF ENGLAND OPEN CHAMPIONSHIPS SUNDAY 27<sup>th</sup> November 2011

VENUE: Aldercar Community College, Dalton Close, Langley Mill, Nottinghamshire, NG16 4HL



Competitor Details				
Name		Gender	M/F	
Grade	Kup / Dan Grade	Age		
Division	See below			
Licence Number		School / Group		
Expiry Date		Instructor Name		
		<b>Telephone No:</b>		

## NO STUDENT MAY ENTER WITHOUT A VALID LICENCE. PLEASE COMPLETE DETAILS IN FULL

Events Entered (Tick as appropriate)					
Patterns	Special Technique	(High Kick for 13's and under)			
Sparring (Continuous)	Power	(Speed Test for 13's and under)			
Sparring (Point Stop)	(Additional £3.00 pay	(Additional £3.00 payable for this category)			

#### DIVISIONS

KIDS KICKERS or JT - (7 YEARS & UNDER)	CADET - (8 to 13 YEARS)	JUNIOR - (14 to 17 YEARS)
ADULT - (18 to 35 YEARS)	SENIOR - (36 YEARS +)	

### WEIGHT AND HEIGHT CATEGORIES WILL BE ASSESSED ON THE DAY

### ALL COMPETITORS 14 YEARS AND OVER COMPETE IN THE 4 REGULAR ITF EVENTS;

Patterns, Sparring - (full safety equipment to be worn), Power - (over 14's only), Special Technique 13 YEARS & UNDER WILL COMPETE IN: Sparring, Patterns, High Kick and Speed Test POINT STOP SPARRING; Competitors wishing to enter this event will pay an additional £3.00 fee

#### DECLARATION PLEASE READ CAREFULLY

- 1. I wish to enrol as a competitor in the event shown & acknowledge that the information I have provided is correct
- 2. I agree to accept the decisions of the official board
- 3. I accept that there is a risk of injury in competing in the event & I will not hold Heart of England Taekwondo or any of its schools, instructors or students liable for any injury that I may sustain.
- 4. I confirm that I am fit & able to compete in the event

### ENTRY FEE IS £20.00 FOR ALL COMPETITORS + £3.00 FOR POINT STOP SPARRING AS **APPROPRIATE - CHEQUES PAYABLE TO: MASP LTD**

PAYMENT ENCLOSED: £

COMPETITORS SIGNATURE \_\_\_\_\_\_ (Parent/ Guardian For Under 18's)

INSTRUCTORS SIGNATURE DATE

### ALL SPECTATOR TICKETS TO BE PURCHASED ON DOOR

£5 ADULTS £3 JUNIORS & OAP'S 5-16 YEARS FAMILY TICKET £15 (2 ADULTS + 2 OR MORE CHILDREN)

THIS IS AN OPEN FORUM EVENT AND THEREFORE YOU SHOULD BE AWARE THAT PHOTOGRAPHY IS ALLOWED http://www.heartofengland-itf.org.uk



